**KATY CARTER AESTHETICS**

**DERMAPLANE, DERMALUXE, DERMAPLANE & LIGHT ENZYME PEEL PRE AND POST TREATMENT INFORMATION**

**CONTRAINDICATIONS:**

-Active cold sores, herpes simplex in the area to be treated.

-History of keloid scarring.

-Pregnancy/Breast Feeding (only for light enzyme).

-Aspirin allergy.

-Chemical allergies.

-Antibiotics (please contact us)

-History of radiation therapy in the area to be treated (please make me aware).

-Skin Cancers.

-Rosacea - if inflamed.

-Skin Infections.

-Pre-existing inflammatory dermatoses (eg, psoriasis, atopic dermatitis, pemphigus).

-Oral retinoids (Roaccutane) 6 months off meds before treatment can proceed.

-Open wounds on the area to be treated.

-Acne

-The use of sunbeds

-Facials/Skin treatments within 4 weeks of your booked treatment with Katy Carter Aesthetics

Smoking:

Patients must understand the necessity for smoking cessation. The dynamic action of puffing can worsen perioral rhytides, and the chemicals in the smoke can cause enzymatic reactions that weaken the skin and cause further wrinkling around the mouth and eyes.

**PRE-TREATMENT ADVICE:**

-Stop Retin-A (retinol etc) products for a week before your appointment.

-Avoid facial laser treatments for 4 weeks before treatment.

-Avoid having any sort of Facial treatment, chemical peel or microdermabrasion treatment within 2 weeks of your appointment unless supervised by your practitioner.

-No waxing, electrolysis, depilatory creams or shaving for a week prior to your appointment.

-There must be at least a 2-week gap between treatment and Injectables including Fillers, Botox, Threads etc.

-Steroid creams, topical and oral antibiotics, and the use of Roaccutane will prevent treatment.

-Please advise us of any medical changes at each appointment including pregnancy and breast feeding.

**POST CARE TREATMENT ADVICE:**

* There is no downtime with dermaplaning. You may experience a little erythema (redness) this is completely normal.
* Don’t apply makeup until the skin has settled. Please ensure your makeup brushes & sponges have been cleaned.
* SPF, not negotiable. Everyday & Re-apply every 2 hours.
* Cleanse your skin before you go to sleep, you will have SPF on from your treatment
* Do not touch your skin!
* Do not wash your hair the night of treatment.
* Don’t restart any acids/retinoids for a week post treatment.
* Avoid heat treatments for the next 24hrs, your skin will be more prone to irritation directly after treatment
* Dermaplaning: You can have another treatment in 4 weeks’ time.